

Minutes
Alamo Senior Advisory Committee Meeting
Thursday, November 8, 2018 - 10:00 a.m.
8700 Tesoro Drive, Ste. 100
San Antonio, TX 78217-6228

| CATEGORY | MEMBERS | | ALTERNATES | |
|---------------|--------------------------|---|-----------------|---|
| Atascosa Co. | Arthur Troell | E | | |
| | Patsy Troell | E | | |
| Bandera Co. | Art Crawford | E | | |
| Comal Co. | Darin Zumwalt | X | | |
| | Nancy Stout | X | | |
| Frio Co. | Ted Nieto | E | | |
| Gillespie Co. | Denise Usener, Chair | X | | |
| Guadalupe Co. | Richard Hetzel | X | | |
| Karnes Co. | v a c a n t | | | |
| Kendall Co. | Monica Zuniga, Secretary | X | | |
| Kerr Co | Julie Robinson | | | |
| McMullen Co. | Jayne Varga, Vice Chair | E | | |
| Medina Co. | David Coble | X | | |
| | Sonya Toalson | X | | |
| Wilson Co. | Veronica Arriaga | X | Kathy Brown | |
| | Nicole Demmer | X | | |
| At-Large Rep. | Olivia Burdick | E | Nicole Chapman | X |
| At-Large Rep. | Bobby Deike | X | Carol Delgado | |
| At-Large Rep. | Sandra Faust | E | | |
| Provider | Heather Finerghy | X | Jim Snyder | X |
| Provider | Ginny Funk | E | Maxine Vieyra | X |
| Provider | Alan Garza | X | Joey Rogers | |
| At-Large Rep. | Darryl Greer | X | | |
| At-Large Rep. | Valerie Houston | | | |
| At-Large Rep. | Sarah Lozano | X | | |
| At-Large Rep. | Nicolina Ortiz | | | |
| At-Large Rep | Lisa Senteno | X | Denise Gonzales | |
| Provider | Brenda Thompson | X | | |

| AAA STAFF PRESENT | |
|--------------------------|--|
| Gloria Vasquez, Director | |
| Heather Armstrong | |
| Michael Darilek | |
| Gloria Givilancz | |
| Philip Jones | |
| George Losoya | |
| Renee Richardson | |
| Laurel Smith | |
| Dianne Teran | |
| Paula Wanken | |
| AACOG STAFF PRESENT | |
| Stella Garcia | |
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| GUEST(S) PRESENT | |
| Matt Schima, Cibolo PD | |
| Laura Mata-Delgado | |
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X = present E = excused (members only)

1. Meeting Called to Order at 10:00 a.m. by Denise Usener, Chair.
2. Roll Call by Monica Zuniga, Secretary – quorum was established.
3. Public Comment – none.
4. Presentation: Officer Matt Schima, from Cibolo Police Department gave a presentation on Project Lifesaver.

5. Approval of the Minutes of the September 13, 2018 minutes – David Coble made a motion to approve the minutes as written, seconded by Richard Hetzel; motion carried.
6. Chair's Report – Denise Usener, Chair, deferred her report time to Jim Jonson, Volunteer Benefits Counselor and Bexar Senior Advisory Committee Member. Jim gave an update on changes to Medicare for the new year.
7. Director's Report – Gloria Vasquez, Director of Alamo & Bexar AAAs, reported on the following:
 - A. Staff Updates
 - Vonna Smith, part-time Ombudsman, graduated with her MSW degree.
 - Laurel Smith is a new Caregiver Specialist.
 - B. Grants Updates
 - AACOG was awarded a three-year senior demonstration program grant from Corporation for National and Community Service. This program will match senior volunteers with Veterans. The award was made October 1st and the process is underway in hiring staff and recruiting volunteers.
 - AACOG was awarded \$115,000 from National Council on Aging to be identified as a new Benefits Enrollment Center in Texas. This grant will start on January 1.
 - AACOG will be applying to IVMF (Institute for Veterans and Military Families) for "Coordination Center Champion" funding for TxServes to help support the AmericaServes coordination centers in the southwest region.
 - AACOG will also be applying for general assistance funding from Texas Veterans Commission (TVC), to fund the TXServes Coordination Center. The current funding for TXServes ends June 2019. TVC funding, if awarded, would start in June.
 - C. Warm Hearts, Warm Homes program, which provides small space heaters for older adults without any other safe means for heat in their home, is underway. The program is always looking for additional funding, but there are heaters already available.
 - D. November is National Family Caregiver Month.
8. Subcommittee Reports:
 - A. Alamo Service Connection (ASC) Steering Committee – Jim Snyder, Chair, reported briefly on the partnership between ASC and Meals on Wheels SA, in support of the Warm Hearts program. A purchase was made of 276 heaters, made possible by a discounted rate from Home Depot, and a grant provided by Superior Healthplan. George Losoya reported on a new program to provide HUD vouchers in San Antonio,

making housing affordable for seniors and disabled. ASC hopes to expand this to the rural communities by reaching out to rural Housing Authorities.

- B. Allocations – David Coble, Chair, presented a list of additional proposed vendors and rates for the Fiscal Year 2019 Contractors Choice List. With no discussion the following list was approved with one abstentions: Heather Finerghy.

| CONTRACTOR NAME | SERVICE | FY19 RATE | UNIT DESCRIPTION |
|--------------------------|--------------------------------|------------------|-------------------------|
| My Econos 39.95 Optical | Health Maintenance | Up to \$3,000 | One Contact |
| City of Schertz | Congregate Meal | \$3.80 | One Meal |
| Distinctively Remembered | Caregiver | \$11.25/hour | One Hour |
| Distinctively Remembered | Personal Assistance | \$11.25/hour | One Hour |
| Distinctively Remembered | Homemaker | \$11.25/hour | One Hour |
| Distinctively Remembered | Caregiver Information Services | Up to \$3,000 | One Activity |

- C. Nominations – Lisa Senteno, Chair, presented the following for consideration:

- 1.) **Nominations** – with no opposition, the following nominations were unanimously approved to move forward to the AACOG Board of Directors:

Members:

- Kelli Lehman – Kendall County Appointee: Kelli is an AgriLife Extension Agent for Kendall County.
- Mary Garr – At-Large Representative: Mary is President/CEO of Family Service Association.

Alternate Members:

- Laura Mata-Delgado – Alternate to Mary Garr; Laura is Program Manager at Family Service Association.

2019 Officers – to serve their second one-year term:

- Denise Usener, Chair
- Jayne Varga, Vice Chair
- Monica Zuniga, Secretary

- 2.) **Bylaws** – with no opposition or discussion, the motion to approve the amendments to the Alamo Senior Advisory Committee Bylaws was unanimously approved.

D. Outreach – Sara Lozano, Chair, reported on the Healthy Aging Symposium held in Pearsall. The subcommittee is looking for additional members and will be working to identify a Chair for 2019.

9. Alamo AAA Staff Reports.

A. ADRC. George Losoya, ADRC Coordinator, presented the contact numbers for the most recent quarter of information and referral calls to the call center. George thanked Terry Banda for her assistance and effort in reaching out to McMullen County. Sonya Toalson added her thanks to George and the call center for assisting with a client whose services had been disconnected.

B. BENEFITS COUNSELING. Philip Jones, AAA Manager, reported on behalf of Terry Banda, Benefits Counseling Coordinator. He reported on Medicare Open Enrollment (Oct. 15 – Dec. 7). Most locations have already been scheduled; however, any additional location ideas for outreach or presentations should be forwarded to Terry. Sonya Toalson added that Elia Pardo, AAA Benefits Counselor, was of great assistance to a Spanish speaking client.

C. CARE SERVICES. Renee Richardson, Care Services Coordinator, reported that October was the start of the new fiscal year and staff is on target for meeting metrics in most areas. However, assistance in client referrals for Medina, Frio, Atascosa, McMullen, Karnes, and Wilson Counties would be appreciated. Michael Darilek, AAA Care Specialist II, reported that there are heaters set aside specifically for rural clients, and asked for potential partners to serve as distribution points in the counties for clients to pick up heaters. Renee also reported that there is one open staff position for Care Specialist.

D. CAREGIVER SERVICES. Dianne Teran, Caregiver Services Coordinator, gave a report on National Family Caregiver Month activities, including the November 1st summit held in partnership with WellMed. Dianne asked for assistance in identifying ways to get caregiver information into the rural communities. Anyone that is identified as being in need of caregiver services should be directed to call the Alamo Service Connection.

Dianne also reported on the Health & Wellness programs, indicating there is a need for additional volunteers to help facilitate a new Texercise program that is being offered. Anyone interested in learning more about volunteering should contact Dianne.

E. LONG-TERM CARE OMBUDSMAN: Heather Armstrong, Managing Local Ombudsman, thanked Monica Zuniga and Alamo Hospice for presenting at volunteer training in September. Heather announced that an article was

submitted to La Prensa that would hopefully generate interest in volunteering for the Ombudsman program. Anyone interested in becoming a volunteer should contact Heather. She noted the importance of having reliable, certified volunteers by telling of a volunteer who recently handled a nursing home closure by herself, and indicated that all residents being displaced by that closure were successfully moved to an alternate placement.

10. Update on Provider Staff Changes, Etc. – ASAC Members:
 - A. Jim Snyder is retiring from Meals on Wheels SA.
11. Conferences/Training Reports – ASAC Members: none.
12. Next Meeting Date – ASAC Retreat, Thursday, January 10, 2019 @ 9:30 A.M., at AACOG in the Al J. Notzon III Boardroom.
13. There being no further business, Sonya Toalson made a motion for adjournment, seconded by Bobby Deike; meeting was adjourned.