

Minutes
Alamo Senior Advisory Committee Meeting
Thursday, May 10, 2018 - 10:00 a.m.
8700 Tesoro Drive, Ste. 100
San Antonio, TX 78217-6228

CATEGORY	MEMBERS		ALTERNATES	
Atascosa Co.	Arthur Troell	E		
	Patsy Troell	E		
Bandera Co.	Art Crawford			
Comal Co.	Darin Zumwalt	X		
	Nancy Stout			
Frio Co.	Ted Nieto			
Gillespie Co.	Denise Usener, Chair	X		
Guadalupe Co.	v a c a n t			
Karnes Co.	v a c a n t			
Kendall Co.	Monica Zuniga, Secretary	E		
Kerr Co	Kristen Johle			
	Julie Robinson	X		
McMullen Co.	Jayne Varga, Vice Chair	E		
Medina Co.	David Coble	E		
	Sonya Toalson	X		
Wilson Co.	Veronica Arriaga	X		
Vendor	Bobby Deike	E		
Vendor	Alan Garza	X		
Vendor	Darryl Greer			
Vendor	Tina Woods			
At-Large Rep.	Olivia Burdick		Nicole Chapman	
At-Large Rep.	Ginny Funk	E		
At-Large Rep.	Andrea Jenkins			
At-Large Rep.	Valerie Houston	X		
At-Large Rep.	Nicolina Ortiz			
At-Large Rep.	Sarah Lozano	X		
At-Large Rep	Lisa Senteno	E		

AAA STAFF PRESENT

Gloria Vasquez, Director
Heather Armstrong
Teresa Banda
Philip Jones
George Losoya
Renee Richardson
Trina Salazar
Dianne Teran
Gary Timpson
Paula Wanken
Maria Wilson

AACOG STAFF PRESENT

GUEST(S) PRESENT

Cacie Waters, Alz. Assoc.
Brenda Thompson, Dietert

X = present E = excused (members only)

1. Meeting Called to Order at 10:00 a.m. by Denise Usener, Chair.
2. Roll Call by Paula Wanken, recording secretary – quorum was established.
3. Public Comment – none.
4. Presentation: Gary Timpson, AACOG Veteran Programs Coordinator, gave a brief presentation on TXServes launching expansion into the Metropolitan Statistical Area (MSA) surrounding Bexar County. Recruitment of additional providers is needed, along with a thorough update of all current providers willing to service outside Bexar County. Gary explained that if a service is needed by a Veteran living in the MSA whose service can be provided in

Bexar County, a second “ticket”/request can be placed through the TXServes platform if that Veteran then needs transportation assistance to get to that appointment/service. Assistance is needed in spreading the word about the TXServes network of providers – interested persons can call the TXServes Coordination Center (1-888-SA-4-VETS) or TXServes.org.

5. Consider and Act upon Approval of the Minutes of the March 8, 2018 minutes – Sonya Toalson made a motion to approve the minutes as written, seconded by Veronica Arriaga; motion carried.
6. Chair’s Report – Denise Usener, Chair, shared information from an article in Senior News about Older Americans Month, started in 1963 as “Senior Citizens Month” under the John F. Kennedy administration. It was changed to the current name, Older Americans Month, in 1980 under the Carter administration. The article also reported that as of July 1, 2015, the number of people age 65 and older is 47.8 million. The projected population of people in this age group, by year 2060, will be 98.2 million. This staggering statistic should serve as a reminder and encouragement to all that the service AACOG provides through the Area Agencies on Aging is vital, and the continued volunteerism in support of these programs is growing in need.
7. Director’s Report – Gloria Vasquez, Director Alamo & Bexar, after a brief introduction of herself to those who don’t already know her from her previous tenure as Alamo AAA Director, reported the following:
 - A. Older Americans Month:
 - 1.) Everyone is encouraged to be involved wherever possible in support of the many Older Americans Month activities being promoted throughout the month of May.
 - 2.) ASAC Outreach Subcommittee will be hosting a Healthy Aging Symposium in Atascosa County on May 18. Flyers were emailed to all ASAC members.
 - B. Ombudsman Program – the Ombudsman program is always looking for additional volunteers to help spread the workload of visiting all nursing and assisted living communities throughout the 12-county region. There is an extensive training program that is provided to all new volunteers, and geographic assignment is aligned with the volunteer’s home base and availability.
 - C. Nutrition Program – Staff continue to work with local organizations to help identify ways to fill the gaps in congregate meal needs in Wilson, Frio and Atascosa counties.
 - D. ASAC Membership and Attendance – In an effort to have full coverage at ASAC meetings (to make quorum), Members currently without an

alternate should consider identifying someone to serve in that capacity. Contact Paula Wanken for more information on the nomination process. Alternates can then attend when a Member needs to be absent.

8. Subcommittee Reports:

A. Allocations – no report.:

B. Nominations – Lisa Senteno, Chair, gave an update on the creation of an “informational packet” that can be provided to ASAC members to use as a recruitment tool. With the streamlining of ASAC and BSAC (Bexar Senior Advisory Committee) processes, this will be modified to parallel what is being used by BSAC. The same is happening with Bylaws. When a revised set of Bylaws is ready, it will be presented for review.

C. Outreach – Sara Lozano, Chair, reported on plans for the May 18 Healthy Aging Symposium to be hosted at Coastal Bend College in Pleasanton. There will be presentations by Alzheimer’s Association, USDA and Texas Legal Service Center. Locations for upcoming symposiums are being sought for Kerr, Frio and Comal counties.

9. Alamo AAA Staff Reports.

A. Teresa Banda, Benefits Counseling Coordinator, reported that, as a supervisor new to the rural service area, she is working on visiting every county to learn more about the needs of the rural communities. She also reported that in an effort to reach more people, she is always looking for new locations or groups for one-to-one outreach, or group presentations. If anyone has a location or group in mind, especially nearing the Medicare Open Enrollment period, please contact Teresa. The Benefits Counseling team is also committed to “No Wrong Door”, and when attending sessions offsite or conducting one-on-one client sessions, will make referrals through other AAA programs if additional needs are identified. Teresa is also looking for additional volunteers interested in assisting in the rural counties. If interested, please contact Teresa Banda.

B. Renee Richardson, Care Services Coordinator, introduced herself, having only been on the job for a month. She reported that Maria Wilson is continuing to help orient her on the needs of the Alamo region. Maria Wilson is remaining on staff as a Care Specialist, Renee is the new supervisor.

C. Dianne Teran, introduced herself as the new Caregiver Services Coordinator. She reported on the respite care funds that were available through the ADRC, which augmented the Title IIIIE funds. She also reported on the program for Older Relative Caregivers raising children; funds for this program are generally augmented by donations for the back-

to-school program. Dianne Teran worked with Paula Wanken to apply for funding to support the back to school program and received \$5,000 grant which will be a tremendous help. Dianne also supervises the Health and Wellness programs offered by AACOG's Area Agencies on Aging. Kim Beasley focuses her time on the Alamo region, and is looking for additional volunteers to be trained as leaders for A Matter of Balance, Chronic Disease Self-Management and Diabetes Self-Management. Another evidence-based intervention program offered is Stressbusting for Caregivers.

- D. Heather Armstrong, Managing Local Ombudsman, shared the news that she was elected Secretary for the National Association of Local Long-Term Care Ombudsman. She also reported on the recent volunteer appreciation luncheon hosted by AACOG for the Alamo and Bexar Area Agencies on Aging, which included special recognitions for three Alamo Ombudsman Volunteers, Joyce Reid and Gloria Vasquez have both served for 5 years, and Donna Estrella has served for 15 years in a volunteer capacity. Additional Certified Ombudsman Volunteers are needed; if anyone knows of any interested persons, they should contact Heather Armstrong. Heather also shared that without the help of these tremendous volunteers, the required visits to nursing facilities and assisted living communities would not be possible. She shared some of the performance measures that are reported to AACOG Executive Staff and board members, reflecting that service goals have been met or are on target for being met by the close of the fiscal year.
10. Update on Provider Staff Changes – ASAC Members: none.
11. Conferences/Training Reports – ASAC Members:
- Sonya Toalson attended the Meals on Wheels conference; she reported that the trend is in decreased attendance at congregate meal sites statewide.
12. Next Meeting Date – Thursday, July 12, 2018 @ 10:00 A.M., at AACOG in the Al J.Notzon III Boardroom.
13. There being no further business, Veronica Arriaga made a motion for adjournment, seconded by Sara Lozano; meeting was adjourned at 11:09 a.m.