

**Minutes**  
**Alamo Senior Advisory Committee Meeting**  
**Thursday, October 12, 2017 - 1:00 p.m.**  
**Al J. Notzon III Board Room**  
**8700 Tesoro Drive, Suite 100**  
**San Antonio, TX 78217-6228**

| <b>CATEGORY</b> | <b>MEMBERS</b>           |   | <b>ALTERNATES</b> |   |
|-----------------|--------------------------|---|-------------------|---|
| Atascosa Co.    | Arthur Troell            | E |                   |   |
|                 | Patsy Troell             | E |                   |   |
| Bandera Co.     | Art Crawford             | E |                   |   |
| Comal Co.       | Darin Zumwalt            | E |                   |   |
| Comal Co.       | Nancy Stout              | X |                   |   |
| Frio Co.        | v a c a n t              |   |                   |   |
| Gillespie Co.   | Denise Usener, Secretary | X |                   |   |
| Guadalupe Co.   | v a c a n t              |   |                   |   |
| Karnes Co.      | v a c a n t              |   |                   |   |
| Kendall Co.     | Monica Zuniga            | X |                   |   |
| Kerr Co.        | Kristen Johle            | X |                   |   |
|                 | v a c a n t              |   |                   |   |
| McMullen Co.    | Jayne Varga              | X |                   |   |
| Medina Co.      | v a c a n t              |   |                   |   |
|                 | David Coble              | X |                   |   |
| Wilson Co.      | Veronica Arriaga, Chair  | X |                   |   |
| Vendor          | Bobby Deike              | X | Heather Allen     | E |
| Vendor          | Alan Garza               | X |                   |   |
| Vendor          | Darryl Greer             | X |                   |   |
| Vendor          | Tina Woods               | X |                   |   |
| At-Large Rep.   | Olivia Burdick           | E | Nicole Chapman    | X |
| At-Large Rep.   | Ginny Funk               | X |                   |   |
| At-Large Rep.   | v a c a n t              |   |                   |   |
| At-Large Rep.   | Valerie Houston          | E |                   |   |
| At-Large Rep.   | Nicolina Ortiz           | E |                   |   |
| At-Large Rep.   | Sarah Lozano             | X |                   |   |
| At-Large Rep    | Lisa Senteno             | E |                   |   |

**AAAA STAFF  
PRESENT**

|                   |
|-------------------|
| Annie Erickson    |
| Heather Armstrong |
| Robert Gamboa     |
| Alvin Arada       |
| Claudia Rabago    |
| Kimberly Beasley  |
|                   |
|                   |
|                   |

**AACOG STAFF  
PRESENT**

|               |
|---------------|
| Diane Rath    |
| Stella Garcia |
|               |
|               |
|               |

**GUEST PRESENT**

|                    |
|--------------------|
| Ted Nieto          |
| Andrea Jenkins     |
| Sonya Toalson      |
| Commissioner Jauer |
|                    |
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X = present E = excused (members only)

1. Meeting Called to Order at 10:05 am by Veronica Arriaga, Chair.
2. Roll Call by Denise Usener, Secretary – we established a quorum.
3. No Public Comments were given.
4. Consider and Act upon Approval of the Minutes of the July 14, 2017 minutes Sara Lozano made a motion to approve the minutes as written, seconded by David Coble; motion carried.

5. Chair's Report – Veronica Arriaga, Chair, reported on the following:

Veronica thanked everyone for their time and assistance and getting together for the meeting. In addition, reminded that Trina Salazar, Staff Liaison, will be sending an email regarding the next meeting in November. Also, reminded members to bring sides and drinks. In addition, to email Trina if attending the November meeting.

6. Director's Report – Annie Erickson, Director Alamo & Bexar, informed members we did not have any staffing changes. She addressed the discussion at the Area Judges meeting in September that ASAC was not meeting quorum. Additionally, that we have too many County positions that are vacant and limiting the County representatives to one per county. However, if a county has two filled positions they would continue to serve in those roles on the committee. Annie reminded ASAC members if they have or know of any speakers whether ASAC members themselves or in state, county organizations- we are happy to accommodate them to present to ASAC. Annie asked members to submit presenters to Trina Salazar. Annie introduce a presentation from Duane Evans, Operations Manager for Alamo Regional Transit.

Mr. Evans presented on ART services to the rural counties. He reviewed in his presentation who, when and where routes and services are provided. Additionally, he mentioned the benefits to contract with ART to provide Carpool and Charter services as needs increase throughout the counties. Also, mentioned that services are open to anyone in the counties such as children needing a ride to and from school or dropping off an individual for a doctor's appointment. Mr. Evans ended his presentation by providing ASAC members and AAAA staff his contact information, email [DEvans@aacog.com](mailto:DEvans@aacog.com) and dispatch phone number (866) 889-7433.

7. Subcommittee Reports:

A. Allocations – David Coble, Chair, presented a copy of the proposed Contractors and Rates for the FY18 Contractors Choice List for consideration.

1.) To consider and act upon approval of :

- (a) Additions to the FY17 Contractors Choice List
- (b) Amendment to the FY 17 Contractors Choice List

Kristen Johle made a motion to approve the FY18 Contractors Choice List as written, seconded by Sara Lozano; motion carried.

There being no discussion or opposition, the additions were approved unanimously, to be forwarded to the AACOG Board of Directors for approval.

B. Nominations – Vacant, Chair.

Trina Salazar, Staff Liaison, reported the committee met in August to discuss member nominations, Bylaw updates and nomination of 2018 Executive Committee. The next subcommittee meeting is after the ASAC meeting October 12, 2017 at 12:00pm.

- 1.) The Subcommittee nominated 2018 Officers for Chair, Vice Chair and looking to fill the secretary position. Chair- Denise Usener, Vice Chair- Jayne Varga, Secretary- vacant.
- 2.) The subcommittee made recommendations to ASAC members to approve the County and At-Large members nominated. Mr. Ted Nieto, Frio County Member, Mrs. Julie Robinson, LMSW, Kerr County Member, Mrs. Sonya Toalson, Medina County Member and Mrs. Andrea Jenkins, At-Large member.
- 3.) Additionally, the subcommittee made recommendations to update ASAC Bylaws to help meet quorum. ASAC members made six corrections. See updated Bylaws.

David Coble made a motion to approve the County and At-Large members as written, seconded by Ginny Funk; motion carried.

There being no discussion or opposition, the members were approved unanimously, to be forwarded to the AACOG Board of Directors for approval.

C. Outreach – Sara Lozano, Chair.

Sara Lozano reported to send events coming up to have members attend that event. Kristen Johle, Kerr County Member, informed members of the Fall Prevention Program. Through collaboration with Southwest Texas Regional Advisory Council and Peterson Hospital held a successful Falls Program on September 12, 2017. The make-up of the program is 10 hospitals received Falls training that was 1-hour. The training will be offered throughout the year. Sara informed members that donations are needed for Hurricane Harvey refugees' and to contact the Food bank or Red Cross. The next scheduled Outreach meet is in November. Sara reminded members to

contact the Outreach subcommittee and Outreach staff liaisons to provide information to ASAC members to attend events in their respective counties.

8. Alamo AAA Staff Reports – Staff reported.

Claudia Rabago, Benefit Outreach and Intake Specialist, reported for Daniel Goetz. Claudia attend an Interagency Council meeting in several counties in the Alamo Region. Recently, she attended a meeting where she found out a client needed ensure. Agencies pulled together to provide this client 6 packs of ensure. Additionally, she informed members that Open Enrollment starts October 15 through December 7. Moreover, to encourage their clients, consumers and the public to contact a Benefits Counselor to review the client's options that best fit their needs.

Maria Wilson, Geriatric Care Specialist, reported on the Caregiver and Grandparents books and material that is available to them as well as the clients we serve. Maria also informed members that we cover Legal Services for clients needing this service. Legal Services include Divorce, Adoption, Medical Power of Attorney and Wills. However, these services need to be uncontested/non-litigation. Additionally, she encouraged those in attendance to attend the Interagency Council meetings that take place in the Alamo Region.

Kimberly Beasley, Health and Wellness Specialist, reported scheduling of classes for Chronic Disease Self-Management Program (CDSMP) and Diabetes Self-Management Program (DSMP), A Matter of Balance (AMOB) and Stress Busting: Dementia (SBD) are filling up quickly and if anyone is interested in hosting a class to contact Kimberly Beasley. Additionally, she read a letter from an individual who attended her DSMP class. The client raved about the class and expressed how much they gained in managing their Diabetes. Kimberly mentioned she is looking for lay leaders in AMOB, CDSMP and DSMP in all counties.

Heather Armstrong, Managing Local Ombudsman, reported on the Ombudsman Program. ACOG is participating in the Ombudsman Drive. The Ombudsman Department (Alamo and Bexar) are collecting travel size items such as toothpaste, fuzzy socks, shampoo and soap to fill small gift bags and give to nursing home residents during this Holiday season. If you would like to donate items to the Ombudsman program, please contact Heather or Henri Eaton.

9. Update on Provider Staff Changes- ASAC Members- Members did not have any staffing changes.

10. Roundtable Discussion- ASAC Members– Members had an opportunity to highlight any issues, topics and items for discussion.

CCSCT- was awarded two contracts in Karnes County. The first contract comes from Community Services Block Grant and those funds are available to clients needing temporary assistance through gift cards, seven-night hotel stay, first and last month's rent and appliances. The second contract comes from the Texas Community Action Agencies. The funds are available to clients needing temporary assistance through gift cards, seven-night hotel stay, first and last month's rent and appliances. For anyone needing assistance in Karnes contact CCSCT at 830-303-4376.

- 1.) Atascosa- relocating to the Old Jourdanton City Hall
- 2.) Karnes-looking at creating another congregate site but need to build client base

Kendall and Kerry County- Monica Zuniga, Kristen Johle and Tina Woods created a coalition called Boomers and Beyond. The Boerne Chamber of Commerce Board members found the coalition to be successful. Boomers and Beyond will conduct a presentation to ASAC members in 2018 to provide tips and pointers for their respective county to form a similar coalition.

- 1.) Tina Woods stated Kerrville received approval to add to the River Trail (6 miles). In addition, several plans to move to the west of the River Trail and build more greenspace/path etc. Additionally, the Riverside Nature Center (RNC) is a non-profit where visitors learn about the environment as well as how to preserve it. Tina reported the RNC is having great success.

Alzheimer's Association (AA) - Ginny Funk reported that the Kerrville walk went well and a lot of families and dogs came out to support AA. Additionally, she mentioned the upcoming San Antonio walk at Landa Park registration is open at 8am. She also mentioned another event-taking place in Boerne called Flavor in Boerne on November 9. In addition, thanked staff for raising funds for the AA walk.

11. Next Meeting Date - Thursday, November 16, 2017, 10:00 a.m. in Classroom 1-A.
12. There being no further business, Jayne Varga made a motion for adjournment, seconded by Sara Lozano; adjourned the meeting at 11:30 a.m.