

Minutes
Alamo Senior Advisory Committee Meeting
Friday, May 13, 2016 – 1:00 p.m.
Al J. Notzon III Board Room
8700 Tesoro Drive
San Antonio, TX 78217-6228

MEMBERS PRESENT

Marlene Richter, Chair
Veronica Arriaga, Vice Chair
Joan Fisher, Secretary
Dr. Denise Miner-Williams
Ginny Funk
Valerie Houston
Nicolina Ortiz
Pamela Sonnen
Art Crawford
Curtis Kosub
Denise Usener
Cheryl Homeyer-Moy
Jana Osbourn
Dana Flores
David Coble
Regina Applewhite
Alan Garza
Kip Legler

MEMBERS EXCUSED

Arthur Troell
Patsy Troell
Zach Tarver
Darin Zumwalt
Nancy Stout
Kevin Matula
Kristen Johle
Jayne Varga
Ruby Vera
Bobby Deike
William Moseley

MEMBERS ABSENT

Brenda Englemann
Tina Woods
Pam Thatcher

ALTERNATES PRESENT

Mary Bob Kosub
Lisa Senteno

OTHERS PRESENT

Monica Zuniga

STAFF PRESENT

Rose Ryan
Robert Gamboa
Elena Hernandez
Dan Goetz
Jim Rowland
Heather Armstrong
Maria Wilson

Assistance and instruction was provided by Gil Escamilla on the use of iPads in order to view and follow ASAC Agenda.

1. Meeting Called to Order – Meeting was called to Order by the Chair, Ms. Marlene Richter.
2. Roll Call – Roll call was taken and a quorum was established.
3. Public Comments – There were no public comments given. However, it was suggested that staff explore the possibility of conferencing in to the ASAC meeting, so that those members who are not able to attend, may still be able to participate at the meeting and therefore, quorums may be established. AAA staff will explore this possibility for the July ASAC meeting.

4. Presentation: Grandparents Raising Grandchildren – Maria Wilson, Geriatric Care Specialist provided an overview of the National Family Caregiver Support Program. Ms. Wilson briefed on the Caregiver eligibility, the critical categories of supportive services available to family caregivers, and how the Area Agency on Aging administers this program along with the assistance provided for Grandparents Raising Grandchildren. Ms. Wilson further stated that if anyone wishes to donate school supplies to assist grandparent families raising grandchildren, please bring them with you to the next ASAC meeting. A copy of the presentation was also emailed to all ASAC members.
5. Consider and act upon approval of March 11, 2016 Minutes – David Coble moved that March 11, 2016 Minutes be approved as distributed, and the motion was seconded by Kip Legler. Motion passed.
6. Chairperson's Report – Marlene Richter informed that she had attended various Proclamation Readings throughout the AACOG Region, and all of the counties have been very supportive in proclaiming the month of May as Older Americans Month. Ms. Richter stated that she really appreciates all of the ASAC members who have participated at these events. Further, Ms. Richter recognized Valerie Houston as she was approved by the AACOG Board of Directors.
7. Director's Report – Rose Ryan reported on the following:
 - "Older Americans Month" (OAM) with this year's theme being "Blaze a Trail," and emphasizes the ways older adults are reinventing themselves through new work and new passions, engaging their communities, and blazing a trail of positive impact on the lives of people of all ages. All AACOG counties have committed to honoring our seniors through Proclamation Readings in their respective counties
 - Aging in Texas Conference 2016 to be held in San Antonio, July 12-15th and stated that this will be an exciting conference, showcasing the latest research by UTHSCSA – Barshop Institute's Center on Aging. Their dynamic research includes cutting-edge breakthroughs on reversing Alzheimer's disease.
 - The Alamo Service Connection (ASC) Calls by County Summary Report was also provided and Ms. Ryan stated that this reflects the calls that come in through the ASC for each of our counties. Further, the Call-a-Ride 4 Vets: AACOG's Aging Programs applied for and were awarded a \$300K transportation grant for Veterans and their families to begin on July 1, 2016. This program offers free rides, in both the Urban and Rural AACOG counties, to Veterans, their caregivers, their spouses and their children under the age of 18, or older if disabled. There is no maximum income ceiling for this program and the transportation offered can be used for medical appointments, grocery and other shopping, education, employment, and to attend social events or other transportation needs. For more information, please call: 1-800-960-5201 or e-mail: VetRides@AskASC.org.
8. Subcommittee Reports.
 - A. Nominations, Membership and Bylaws - Pamela Sonnen, Chair presented the following:
 1. Consider and act upon Member Nomination for 2016: Olivia Burdick, At-Large Member; Kelley Gallant, At-Large Member, and Monica Zuniga, nominated by Judge Darrel Lux to represent Kendall County. The nominations will then be forwarded to the AACOG Board of Directors for final approval.

Upon consideration, Cheryl Homeyer-Moy made a Motion to approve the nominations as read, and that the recommendation be submitted to the AACOG Board of Directors for final approval. The Motion was seconded by Nicolina Ortiz and passed.
 2. Consider and act upon approving the Bylaws Revision.

Ms. Sonnen stated that the ASAC Bylaws were officially approved in April 2016 by the AACOG Board of Directors, and ASAC subcommittee continues to work on new changes for next year. One of the upcoming changes will be deeming as there were some issues with not

having historical information, i.e. when ASAC members were approved for membership and will review the language in Article VIII Open Meetings Act.

B. Outreach, Ruby Vera, Chair.

1. In Ms. Vera's absence, Ginny Funk reported on the following:

Ginny Funk stated that the subcommittee had met prior to this meeting, and was chaired by Ruby Vera. Ms. Vera, however, had to leave and could not stay for the full ASAC meeting. Ginny Funk noted that Ruby Vera is very passionate about making sure that all of the AACOG counties are fully informed as to what information and resources are available to them and how to access them.

Older Americans Month Proclamations have been read in most all of the AACOG counties, with the last two being read in Gillespie and Wilson Counties, May 17th and May 23rd, respectively. If there are any photos or stories that have been taken or published, please forward copies of those to Heather Armstrong at AACOG.

Discussion also took place regarding upcoming AACOG Roadshows, with one being held at the Golden Hub Senior Center, in Gillespie County on June 16, 2016 from 11 am – 1:00 pm. Also discussed, was transportation, as there is a large need for this service, and how the Outreach subcommittee can assist. It was also mentioned that there are volunteer opportunities to assist at the 2016 Aging in Texas Conference, and if anyone is interested, please contact Siena Lindemann at slindemann@aacog.com.

9. Alamo AAA Staff Reports (Attachments Item 9.a., Item 9.b, Item 9.c and Item 9.d)

Reports attached and no comments or questions were provided.

10. Update on Provider Staff Changes by ASAC Members – Ms. Ryan reported there are no staffing changes on the Alamo AAA side; however, on the Bexar AAA side, a staff member will be pursuing educational opportunities and there will be a job opportunity available. It was reported that Ms. Olivia Burdick is the Director of the Rainbow Senior Center in Boerne, Texas as her predecessor is now with the Chamber of Commerce. Boerne also has a very robust Music and Memory program and the AAA will work closely with them as the AAA has recently applied for a grant through the Baptist Health Foundation on behalf of Medina County. The hope is that if this grant is approved, that it may be replicated in other counties.

11. Conferences/Training Reports announced by ASAC Members

Ms. Veronica Arriaga announced the Annual Alzheimer's Educational Conference recently held in San Antonio was very informational and well attended.

Joan Fisher and Denise Usener attended the Meals on Wheels Conference in Waco, Texas.

Ms. Rose Ryan announced the upcoming Silver Solutions Resource Event that will take place on May 19, 2016 in San Antonio, at the TriPoint Event Center. This event will include "Ask the Expert" presentations covering a wide variety of issues of importance to seniors and their caregivers.

Ms. Cheryl Homeyer-Moy informed that Karnes County has a mobile food pantry for seniors 60 & older and they are trying to get a permanent food pantry to have people to come and obtain food. They are not able to receive any surplus that Walmart or HEB shares with Poth because they do not have a 501c3 yet. She asked for input/solutions regarding food pantry distributions and what other counties are doing. A lengthy discussion was held regarding possible solutions.

Ms. Joan Fisher indicated that they too, are looking to reinvigorate the Food Security Network in Medina County and looking at what resources are available in the area of nutrition, and they are too,

combatting volunteers and mobilizing. There are a variety of approaches and are looking to partner with the Food Bank in Medina County.

12. Next meeting Date: July 8, 2016 – 1:00 PM
13. Adjournment – There being no further business, a motion was made by Cheryl Homeyer-Moy to adjourn, and the motion was seconded by Ginny Funk. Meeting adjourned at 2:20 p.m.