Provides information, counseling, and advocacy to senior citizens about public benefits, entitlements, and legal rights.

Also provides public education on a variety of topics impacting seniors. Benefits Counselors consult on topics such as:

- Medicare
- Medicaid
- Supplemental Security Income
- Senior Fraud
- Advance Directives
- Medicare/Medicaid Appeals & Hearings
- Long-Term Care

Long-term care Ombudsmen are advocates for resident rights. They help protect the quality of life and quality of care of anybody who lives in a nursing home or an assisted living community.

Ombudsmen will respect residents’ privacy and confidentiality.

An Ombudsman:

- Listens to residents and family members when they have concerns or issues.
- Educates residents, family members and staff about resident rights.
- Protects residents’ health, safety, welfare and rights.

The Alamo Area Agency on Aging (AAA) is designated by the Texas Health and Human Services Commission to develop and administer services for persons aged 60 years & older. The Alamo AAA coordinates services for seniors living in 12 rural counties serviced by the Alamo Area Council of Governments (AACOG).

Atascosa, Bandera, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen Medina and Wilson Counties

8700 Tesoro Dr., Suite 160
San Antonio, Texas 78217-6221
(866) 231-4922
Fax: (210) 225-5937
Alamo.ombudsman@aacog.com
www.alamoaging.org
www.askasc.org

Funded through the Texas Health and Human Services Commission
Alamo Area Council of Governments
Information, Referral, & Assistance Program

Links people 60 years of age or older, & people of any age who are eligible for Medicare, with social services. Assistance is provided on a wide variety of topics:

- Medicare and Medicaid programs
- Medicare Supplements
- Long-term Care
- Non-covered Health (dental, vision, hearing)
- Institutional Care (hospitals, nursing homes, assisted living facilities)
- Home Health Care, Personal & Homemaker Assistance
- Meals & Nutrition
- Prescription Assistance Program
- Transportation
- Minor Home Modifications
- Utility Assistance

Care Coordination Services

Assesses the needs of persons 60 years of age or older and, when appropriate, helps them access and coordinate local resources to support independent living.

Priority is given to those who have recently suffered a major illness, health care crisis or recently hospitalized and need additional attention during the recuperation period; or live in a rural area; or are impaired in activities of daily living; or have insufficient caregiver support; or are in great economic/social need, particularly low income, minority seniors.

Services include:

- Minor residential repair when a health or safety issue is identified
- Minor health maintenance: Prescription assistance, dental, vision or equipment not provided through Medicare or Medicaid
- Homemaker assistance as determined by assessment
- Personal assistance as determined by assessment
- Income support (utility assistance, propane, etc.)
- Emergency Response Systems

Family Caregiver Support Program

Targets individuals of any age who are caring for someone 60 years of age or over.

This program can also help Grandparents (age 55+) or other Kin raising children under 18 years of age not their own.

The Family Caregiver Support Program provides in-home Respite Care or Adult Day Care to temporarily relieve family caregivers. Residential repair, health maintenance, income support and Emergency Response Systems are also available for Family Caregivers.

Health and Wellness Programs

These include A Matter of Balance, Chronic Disease and Diabetes Self Management, and Caregiver Stress Busting.

Contact us via e-mail at: info@askasc.org