

Minutes
Bexar Senior Advisory Committee Meeting
Friday, February 12, 2010 – 10:00 a.m.
Al J. Notzon III Board Room
8700 Tesoro Drive, Suite 100
San Antonio, TX 78217-6228

Members Present

Chris Alderete
Sharon Baughman
Sue Bell
Julia Castellano-Hoyt
Yolanda Dickson
Larry Dratch
Ed Dylla
Patti Gunter
Milo Hoenscheid
Laurin Lee Jimenez, Co-Chair
Sue Ellen Lewis
Ruth Lofgren
Ernie Lopez
Dean Murphy
Sterling Neuman
Nancy Rheams
Steve Saldana
Marolyn Stubblefield
J. Elaine Talarski, Secretary
Valerie Taylor
George A. Walton, Chair
Dorothy Jo Weiss

Alternates Present

Charlotte Hall
Alice Rose Kennedy for Elsa Davis

Members Absent

Jana Cragg (exc.)
Elsa Davis
Brenda Dever-Armstrong (exc.)
Ruth Garcia (exc.)
Bob Hultgren
Ruth Jones-McClendon (exc.)
Ida Kenny, Emeritus
Donald Moye
Victoria Palm

Staff Members Present

Nick Monreal
Gale Murden
Martha Ramirez
Martha Spinks
Paula Wanken
Laura Ledesma
George Losoya
Dianne Pavlicek
Robyn White, Intern

Guests Present

Jay Burchfield,
Anger Solutions Network, Inc.
Hamid Mangalji,
Cardinal Senior Care

1. Meeting Called to Order by George Walton – Chair.
2. Roll Call by Elaine Talarski – Secretary. A quorum was established.
3. Citizens to be heard:
4. Presentations.

- A. George Walton introduced Jay Burchfield, Executive Director of Anger Solutions Network, Inc. Mr. Burchfield distributed a fact sheet about Anger Solutions Network, and gave a brief presentation on the services they provide and the need for these services among the elderly. Seniors (among other populations) believe that anger is a stigma that they don't want to address or get help with, and Anger Solutions Network workshops and classes are designed to help remove that stigma to teach individuals how to live peacefully in an angry world.
5. The Minutes of December 11, 2009 were reviewed. Upon review and consideration and no discussion, Chris Alderete made a motion for approval; Steve Saldana seconded; the motion carried.
6. Chairperson's Report – George Walton.
- George Walton gave a brief re-cap of the "Coloring with George" session held during the January retreat, reminding those who attended—and informing those who hadn't—that the exercise was a tool to not only help understand each other's perspectives, but to identify individuals' patterns of behaviors and strengths, and affinity groups in order to accomplish the goals set forth during the retreat.
7. Director's Report – Martha Spinks.
- Review of BSAC Retreat Recap that was previously distributed with agenda, highlighting the four goals/focus areas of need:
 - Transportation
 - Long Term Care / Financial Education / Estate Planning
 - National Council on Aging article that proposes a model for a financial independence center for seniors.
 - Caregiving
 - Information and Referral

BSAC members have accepted these goals as a strategic plan and to meet the goals agree the committee needs to be more:

- Productive
- Proactive
- Goal-driven

Further discussion took place regarding conclusions identified at the retreat:

- Designation of Parliamentarian
 - Steve Saldana was nominated for and accepted the position of Parliamentarian.
- Address the 2011 Legislature to reflect our own interests
 - Chris Alderete and Ed Dylla were identified as individuals with experience in this area and would be willing to work with Dr. Spinks, along with the Nominations/Bylaws and Legislative subcommittee, on addressing the issue.
- New members/alternates needed; Enforce Bylaws re: Attendance
 - Sharon Baughman, Chair of the Nominations/Bylaws and Legislative Subcommittee, reiterated the importance of active

- participation in BSAC meetings; nonattendance while staying on the roster does not allow for openings for new members who would like to participate. The subcommittee will be following up on and enforcing attendance. At this point, Bylaws stipulate if a member must be absent, the absence is excused only if he/she gives advance notice or has an alternate present.
- Members are responsible to identify alternates for themselves, and should choose someone who is available the days/time of the BSAC meetings.
 - Every member and every alternate should be on a subcommittee.
 - Alternates are encouraged to attend as many of the meetings as possible in order to be familiar with ongoing issues and discussions, into which they can step easily when called upon.
- Safety training for seniors: falls, driving, fraud – one hindrance to doing more of this kind of work is limited staffing. If members of the Committee have an interest in making presentations two or three times a year about these kinds of issues, Bexar AAA's workforce and effectiveness on these topics could be multiplied.
- Nick Monreal – celebrating 10th year as Ombudsman, was acknowledged before the committee.
 - Transportation – Bexar AAA staff have met with executives of the three transportation CO-OPs to help collaboration efforts to create more CO-OPs to cover the whole community of San Antonio. Met with CO-OP executives in Austin to learn of ways to replicate the robust program in that city.
 - Burma Hyde – a long-time ACOG employee and Bexar AAA, retired at the end of December.
 - Senior Directory
 - An opportunity has been made available to Bexar AAA to partner with Senior Directory, a resource guide for seniors similar to Gold Pages, without the requirement of storing these directories on site.
 - Concern was raised regarding the placement of the ASC ad on front in relationship to their information phone number; Martha Ramirez commented that future issues would have ASC's phone number included with the ASC logo.
 - Some reservation was raised about entering a long-term contract with Senior Directory. Dr. Spinks clarified that the commitment is only for buying the ad for one year (two issues). No commitment is required for ordering and storing any quantity of directories.
 - A question was raised about who determines the content of Senior Directory. Dr. Spinks clarified that Bexar AAA does not dictate the content and that the publisher makes efforts to ensure the directory is accurate and comprehensive.
 - Older Americans 2008 report published by Administration on Aging was previously sent to members by email. Based on requests from committee members, copies of the report have been ordered for each member and will be distributed at a future meeting.

8. Subcommittee Reports:
 - A. Access and Assistance – Martha Ramirez announced that the MIPPA grant work plan was recently approved by DADS. Also announced, Nancy Posos was recently hired as Lead Specialist to oversee the SHIP program and will be the immediate supervisor of the Benefits Counselors. Nancy will be a part of the Access and Assistance subcommittee.
 - B. Allocations and Monitoring – Ed Dylla moved that the list of twelve additional subcontractors/vendors be approved; Ruth Lofgren seconded. There being no further discussion, the motion was approved.
 - C. Family Caregiver Support – Nancy Rheams reported that the “Awareness” subcommittee continues to work on their Caregiver brochure; the “Access” subcommittee is still in the process of sending out surveys to assess caregiver needs.
 - D. Information, Special Events – no report.
 - E. Long Term Care Services – Valerie Taylor presented subcommittee report, highlighting the success of the “Frontline Health Care Workers Conference” hosted by Goodwill Industries/Good Careers Academy on January 9, 2010. Also noted was the January 28, 2010, graduation of the first class of Good Careers Academy students. The video “Reflections of a C.N.A.”, produced by mmLearn for the conference, was shown.
 - F. Nominations/Bylaws and Legislative – the subcommittee did not meet since the last BSAC meeting; no additional report.
9. Alamo Service Connection (ASC) Steering Committee – Sterling Neuman, Chair, reported.
 - ASC expansion consideration – the committee discussed the possibility of Alamo AAA I&RA merging with ASC.
 - Marketing – Mrs. Eva Aranda-Trevino agreed to chair the ASC Marketing Committee.
 - Business Plan – Mr. Larry Dratch is working on a business plan for ASC aimed at generating revenue.
 - ASC Logic Model was shared with the members. Consultants for the Administration on Aging (AoA) recently interviewed the three existing Aging and Disability Resource Centers (ADRC) in Texas and asked them to complete this logic model. The AoA is considering developing an evaluation tool to implement across the ADRCs in the nation and was interested in our model, processes and data currently analyzed.
 - “Do You Have a Cool Neighbor?” Campaign 2010 – ASC will have its first meeting at the end of February to organize for the coming season.
10. Next Meeting Date: Friday, March 12, 2010; 10:00 a.m.
11. There being no further business, Dorothy Jo Weiss made a motion for adjournment, Sharon Baughman seconded; the motion carried.