

Agenda
Alamo Area Council of Governments
Bexar Senior Advisory Committee Meeting
Friday, March 11, 2022 - 10:00 a.m.
2700 NE Loop 410, Suite 101
San Antonio, TX 78217

1. Meeting called to Order - Swearing in of 2022 Chair.
2. Roll Call - Laurin Lee Jimenez, Secretary.
3. Public Comments
This time is for anyone to comment to the Advisory Committee on issues and items of concern. There will be no deliberation or action on these comments. Time allowed is at the discretion of the Chairman, with three (3) minutes being customary.
4. Presentation - AACOG Year in Review, Diane Rath, Executive Director.
5. Consider and act upon approval of the December 10, 2021 and February 11, 2022 minutes.
6. Chairperson's Report - Ryan McGuire, Chair.
7. Director's Report - Jo Ann Tobias-Molina, Aging Programs Director.
8. Subcommittee Reports.
 - A. Access and Assistance - Brenda Schmachtenberger, Chair.
 - B. Alamo Service Connection Steering Committee - Marycela Barron, Chair.
 - C. Allocations and Monitoring - Jim Jonson, Chair.
 - D. Family Caregiver Support - Ashley Weirich, Chair.
 - E. Information, Special Events - Cynthia Romo, Chair.
 - F. Long Term Care Services - Beth Nixon, Chair.
 - G. Member Development and Advocacy - Brenda Dever-Armstrong, Chair.
9. Ad Hoc Subcommittee Reports.
 - A. Senior Companion Program Advisory Committee - Jill Piazzzi, Chair.
10. Successfully Aging and Living in San Antonio (SALSA) Update - Jane Paccione, Managing Director of Collective Impact, San Antonio Area Foundation.
11. Texas Silver-Haired Legislature Update.
12. Announcements.
13. Items to be placed on next meeting's agenda.
14. Next Meeting Date: Friday, April 8, 2022 at 10:00 A.M. at AACOG.

15. Adjournment.

This meeting is accessible to people with disabilities. The accessible entrance is located at the front entrance of 2700 NE Loop 410, San Antonio, TX 78217. Accessible parking spaces are also available. Please contact ACOG for auxiliary aids and services for the hearing impaired, including interpreters for the deaf, at 210-362-5200 at least 48 hours prior to the meeting or by calling Texas Relay at 7-1-1 for assistance.

Bexar Senior Advisory Committee

5.

Meeting Date: 03/11/2022

Title: Minutes

Presented by: Paula Riggs, Support Services Coordinator

AGENDA ITEM DESCRIPTION:

Consider and act upon approval of the December 10, 2021 and February 11, 2022 minutes.

Attachments

Dec 2021 Minutes

Feb. 2022 BSAC Retreat Minutes

5. Chair's Report – Brenda Schmachtenberger introduced Diane Rath, who thanked Brenda for serving as Chair the past two years, as well as everyone for their service over the past two challenging years.

Brenda shared her hopefulness with the return to meeting in person and also thanked everyone for their commitment to service and flexibility in doing so the past two years of her tenure as Chair.

6. Director's Report – Jo Ann Tobias-Molina, Director, welcomed everyone to the new building Board Room, and reported that the long-awaited disbursement of ARPA funding was announced to the AAAs and with the shift in disbursement from lump sum to being spread through three fiscal years (FY22, 23 and 24), staff will look at how current services can be expanded. Chore maintenance is a service that is hoped to be introduced. Staff is working toward 2022 kickoff and a re-start of sorts as pandemic restrictions continue to lift.

7. Staff Report – Gloria Givilancz thanked the allocations subcommittee for their leadership, and provided an overview of some of the contractors still needed to provide services to those in need. In particular, dental providers and an option for providing appliances. There are funds for these services but very few options for providers.

8. Subcommittee Reports:

A. Access and Assistance – no report.

B. Alamo Service Connection Steering Committee – Enrique Guerrero reported on behalf of William Truelove, Chair, from the November 3rd meeting:

- 1.) FY22 – ADRC's fiscal year started September 1, 2021. Funding has been received. State ADRC notified budget amendments will be provided October-November timeframe.
- 2.) Vaccine Funds: PSAs started running in October, providing education and awareness. Inquiries should be directed to the ASC.
- 3.) Respite: Texas Lifespan respite services are underway. Inquiries should be directed to call ASC.
- 4.) Texas Emergency Mortgage Assistance Program (TEMAP): ASC continues to take calls in support of this program which provides mortgage assistance for those impacted by COVID.

C. Allocations and Monitoring – no report.

D. Family Caregiver Support – Cyndee Pierce, on behalf of Ashley Weirich, Chair, gave an update on Caregiver Respite services,

Warm Hearts heater program, vaccine outreach, and the Caregiver Summit. She also indicated that the Coalition is working on their membership roster.

- E. Information, Special Events – Sonya Barrera-Medrano, on behalf of Cynthia Romo, reported that the subcommittee had not met but would be meeting December 15 to discuss plans for the Unsung Heroes and Senior Prom events.
- F. Long Term Care Services – Cindy Boyum, on behalf of Beth Nixon, Chair, reported on the progress to help with volunteer recruitment for the Bexar Ombudsman program. Brett Bonney and Elaine Talarski are both currently being trained as volunteer Ombudsman.
- G. Member Development and Advocacy – Brenda Dever-Armstrong, Chair, presented the nomination of Ileana Martinez to serve as alternate to Marycela Barron. There being no discussion, the motion passed unanimously.

9. Ad Hoc Subcommittees:

- A. Senior Companion Program (SCP) Advisory Committee – Jill Piazza, Chair, reported that the committee is working to complete their visits. There are currently 30 volunteers and 34 beneficiaries, with some volunteers serving as companion to more than one beneficiary.
10. City/County Joint Commission on Elderly Affairs – Lila Aguirre reported that the Commission has continued to work through their subcommittees of Nutrition, Outreach, and Housing/Aging in Place.
11. SALSA (Successfully Aging and Living in San Antonio) Update – Brenda Schmachtenberger shared that the Housing workgroup has created an “Aging in Place” presentation – anyone interested in having this presented to their group could contact Jane. The Socialization workgroup has worked to launch Silver Connect which is available. Additional volunteers are needed to help answer calls from older adults wanting to chat to combat social isolation.
12. Announcements – Yolanda Perez shared an update on City of San Antonio’s Senior Services Division activities. District 9 Senior Center is about 62% complete; furniture/equipment is being ordered but availability/delivery may be delayed due to supply chain issues. She also gave an update on the approval in the budget to add Benefit Navigators and Financial Counselors to focus on the needs of older adults. They are still working to fill the positions but are working on marketing materials. Plans continue to move toward reinstating

congregate meal service in the centers. They are also looking at rebranding their meal program with a healthy aging focus.

13. Items to be placed on future agenda should be forwarded to Paula Riggs.
14. Next Meeting Date – Friday, January 14, 2022, for the Annual Planning Retreat. Details to follow.
15. There being no further business, Chris Johnson made a motion for adjournment, seconded by Nancy O. Hardin; the meeting was adjourned.

4. Icebreaker activity was facilitated by Lisa Hurst, Chief Creative Officer, Improv to Grow, LLC.
5. Orientation materials were provided and reviewed by Paula Riggs, Support Services Coordinator. Annual commitment and conflict of interest forms were reviewed and signed.
6. Jo Ann Tobias-Molina gave an overview of Bexar AAA's Area Plan and the five goals with their objectives.
7. A video introduction from Ryan McGuire kicked off the subcommittee planning with an exercise for SMART goal setting. Subcommittees met for the remaining time to plan ways to support the Area Plan goals for 2022.
8. After sharing a few closing remarks, Brenda Schmachtenberger adjourned the meeting. Next BSAC meeting will be held Friday, March 11, 2022 at 10:00 a.m., at AACOG.

Bexar Senior Advisory Committee

8. A.

Meeting Date: 03/11/2022**Title:** Access and Assistance Report from February 11, 2022 Meeting**MEMBERSHIP:**

X	Brenda Schmachtenberger, Chair		Edwina Glick
	Pamela Lloyd		Gloria de la Cruz-Sandoval
X	Dawn Hamilton		Jessica Dovalina
	Shirley Gaede		Jim Jonson
	Cathy Valdez	X	Yolanda Perez
	Janice Penner		Ryan McGuire (ex-officio, BSAC Chair)
	Marion Thomas	X	Trina Cortez, AAA Staff Liaison

2022 GOALS:

To address Bexar AAA Area Plan **Goal #3: Enable older adults to maintain or improve their quality of life and self-determination through engaging in the community and social interactions**, by planning four events throughout the year that would aid in informing older adults about the services of the AAA.

TOPICS DISCUSSED:

The primary topic of discussion was goal-setting for 2022.

DECISIONS MADE:

In response to the goal set for 2022, it was decided to host four events throughout the year. They will help meet the need for informing older adults about the services available to them.

- August - Elvira Cisneros Senior Center
- September - District 2 Senior Center
- October - OASIS
- November - West End Park Senior Center

These events will include a class on the services available through AAA and also have tables for the older adults to go for more information about a particular program.

ACTIONS NEEDED:

none

NEXT MEETING DATE:

Monday, March 14, 2022 at 9:00 A.M. via Zoom

* Contact Brenda Schmachtenberger for an invite if you want to join this subcommittee.

STAFF LIAISON CONTACT INFORMATION:

Trina Cortez, Assistant AAA/ADRC Director
tcortez@aacog.com / 210.362.5244

Bexar Senior Advisory Committee

8. D.

Meeting Date: 03/11/2022**Title:** Family Caregiver Support Subcommittee Report**MEMBERSHIP:**

X	Ashley Weirich*, Chair		Alisa Hartfield-Cordero*		Ann Pruski		
	Adrian Alanis		Cynthia Hazel*	X	Cindy Robles		GUESTS
	Carol Bertsch		Lisa Hurst		Allie Rodriguez	X	Denise Swain
	Hallye Bonorden		Sara Masoud	X	Tina Smith	X	Becky Garcia
X	Brett Bonney-Meneses*, Co-Chair		Antonio Martinez	X	Vonna Smith	X	Clarice Diaz
	Jennifer Brackett		Ryan McGuire*(ex officio)		Jennifer Sotello	X	Lisa Senteno
X	Lisa Buske	X	Debbie Mendez		Edward Tello	X	Kyle Burditt/Marissa
	Dianna Chararria	X	Gloria Miranda		Dianne Teran*	X	Alexa Castaneda
X	Shirley Crandell	X	Jennifer O'Briean		Nancy Jo Whittam	X	Sonia Barrientos
X	Bennetta Crawford*	X	Jill Piazzi*				
			Esther Pipoly			X	Cyndee Pierce, AAA Staff Liaison

* denotes BSAC Members/Alternates

2022 MISSION STATEMENT:

The mission of the Alamo Caregiver Support Coalition is to improve the quality of life for caregivers and care recipients through advocacy, information, support, and access to resources.

2022 PRIORITY GOAL:

Increase Community Awareness of the Group through Member Involvement in Community Outreach Events, Presentations and Digital Marketing.

TOPICS DISCUSSED:

AACOG Staff Update: The new service Chore Maintenance is set to begin on April 1. Through American Rescue Plan Act funding AACOG will have a special initiative with Texas diaper Bank to provide either 3 or 6 month supplies of incontinent supplies. Please have your client call them directly at 210-731-8118.

Guest Speaker, Lisa Senteno of Adult Protective Services (APS) presented to the group. APS serves 65 and older or 18 and older with a mental, physical, or developmental disability that impairs their abilities to provide for themselves. APS addresses financial exploitation, self- and caretaker neglect (both physical and medical), abuse (physical, sexual, verbal, and emotional), and mental health neglect (although APS cannot force adults into treatment). Bexar County alone processed 10,000 intakes for 2020, which was the second highest in the state. APS has collaborative efforts with many community partners, including law enforcement and faith and community leaders. APS Hot Line: 1-800-252-5400 or www.txabusehotline.org

2022 goals were discussed and will be formalized during the BSAC planning day in February.

****Per BSAC Planning Retreat****

- The Alamo Caregiver Coalition will participate in 4 educational events throughout the year, one per quarter.
- The Coalition will collaborate to do an event at the end of the summer or early fall with the Alamo Family Coalition members. This event will focus on caregiver resources and may include a panel discussion of Subject Matter Experts from the Coalition membership.
- Through the events, a focus on increasing family caregivers to add to the e-Blast sent monthly.

Additionally, the coalition will be updating the collateral used for events and may need to add roles based on the need for event planning.

Coalition members gave updates on the services they are providing.

Family Caregiver Facebook page <https://www.facebook.com/groups/alamocaregiverssupport>.

DECISIONS MADE:

None

ACTIONS NEEDED:

None

NEXT MEETING DATE:

Tuesday, March 15, 2022 @ 8:30 – 10:00 AM

Location: San Antonio Oasis / Hybrid via Zoom Meeting Invite

STAFF LIAISON CONTACT INFORMATION:

Cyndee Pierce, Caregiver Services Coordinator

cpierce@aacog.com / (210) 832-5049

Bexar Senior Advisory Committee

8. E.

Meeting Date: 03/11/2022**Title:** Information, Special Events Subcommittee Report**MEMBERSHIP:**

X	Cynthia Romo*, Chair		
	Gloria De La Cruz-Sandoval*		
	Esmeralda Perez		
X	Fernanda Cardenas*		
	Viri Rivera*		
	Maria Lopez*		
	Erika Salazar	X	Sonya Barrera-Medrano AAA Staff Liaison

* denotes BSAC Members/Alternates

2022-23 GOALS**Hosting two events**

- 1) Reprise of the "Unsung Heroes" Event - May 2022
- 2) Senior Prom - "Coming Out of COVID" - Sept 2022

TOPICS DISCUSSED:

Meeting held February 11, 2022:

- Holding two events in 2022 - Unsung Heroes and a Senior Prom. Discussion included the following:
 - Dates - Unsung Heroes, May 2022 and Senior Prom, September 2022.
 - Venues - Both to be held at Senior Centers (West End and Southside Lions Center)
 - Nomination - 2 on file from 2021. Revision of Unsung Heroes Nomination Form, re-distribute for additional nominees and participation.
 - Transportation - Strategize to provide transportation to both events.

DECISIONS MADE:

- Dates Unsung - May 2022 and Senior Prom - Sept 2022.
- Nomination Form for Unsung Heroes has been updated with new date and scheduled for distribution .

ACTIONS NEEDED:

n/a

NEXT MEETING DATE:

Next Meeting will be held March 15, 2022.

STAFF LIAISON CONTACT INFORMATION:

Sonya Barrera-Medrano, Benefits Counseling Coordinator
 (210) 918-1281 / SBarrera-Medrano@aacog.com

Bexar Senior Advisory Committee

8. F.

Meeting Date: 03/11/2022**Title:** Long Term Care Services 2/11/2022**MEMBERSHIP:**

<input type="checkbox"/>	Beth Nixon, Chair	X	Elaine Talarski
<input type="checkbox"/>	Dawn Hamilton		Brenda Schmachtenberger, BSAC Chair (ex-officio)
X	Brett Bonney	X	Cindy Boyum, Staff Liaison

2022 GOALS:

1. Volunteer Recruitment
2. Education on Ombudsman Program
3. Best Practices in Facilities

TOPICS DISCUSSED:

Brett Bonney, Elaine Talarski and Cindy Boyum discussed 2022 goals for the Long-Term Care Services Subcommittee during the annual BSAC retreat.

The subcommittee's primary goal is to recruit volunteers for the Long-Term Care Ombudsman Program through community outreach and education. The subcommittee discussed the need for volunteers in nursing homes and assisted living facilities to ensure they receive the best quality of life and care - by protecting the health, safety, welfare and rights of residents.

The subcommittee will target senior centers for recruitment of volunteers, requesting posting of flyers and email blasts. The subcommittee will also work with churches, libraries and social groups.

Anyone interested in joining the efforts of this subcommittee should contact Beth Nixon or Cindy Boyum.

DECISIONS MADE:

n/a

ACTIONS NEEDED:

n/a

NEXT MEETING DATE:

Wednesday, March 23, 2022,

STAFF LIAISON CONTACT INFORMATION:

Cindy Boyum, Managing Local Ombudsman for Bexar County

Office: 210-362-5226 / Cell: 210-380-3427

Email: cboyum@aacog.com

Bexar Senior Advisory Committee

8. G.

Meeting Date: 03/11/2022

Title: Member Development and Advocacy Report

MEMBERSHIP:

X	Brenda Dever-Armstrong, Chair	X	Chris Johnson
X	Jo B. Alexander		Misty Suarez
	Marycela Barron		Ryan McGuire (ex-officio)
	Doris Griffin		
	Philip Jackson	X	Paula Riggs, Staff Liaison

2022 PRIORITY GOALS:

The Member Development and Advocacy Subcommittee will:

1. focus presentation topics for BSAC meetings in support of Goal #2 of the Bexar AAA Area Plan: Strengthen collaboration with local community partners to promote the benefits and needs of the aging population;
2. continue to work on membership diversity to meet requirements outlined in the bylaws; and
3. continue to support the advocacy efforts of the Texas Silver-Haired Legislature and the Bexar County delegation election process.

TOPICS DISCUSSED:

The goal-planning discussion centered around how the subcommittee could support the Bexar AAA goals as outlined in the Bexar AAA Area Plan. It was decided that presentations could have the most impact on **Goal 2 - Strengthen collaboration with local community partners to promote the benefits and needs of the aging population.**

Ideas included training on "Reframing Aging" and annual Medicare announcements; updates on services available from community agencies like Guide Dogs of TX, Food Bank, or Transportation services; legislative updates from elected officials; and the unmet needs of various populations, including homeless Veterans.

DECISIONS MADE:

March presentation will be AACOG Executive Director, Diane Rath. on "AACOG in Review".

ACTIONS NEEDED:

None.

NEXT MEETING DATE:

Monday, March 14, 2022, 10:00 A.M. at AACOG.

STAFF LIAISON CONTACT INFORMATION:

Paula Riggs, Support Services Coordinator
priggs@aacog.com / (210) 362-5273

Bexar Senior Advisory Committee**9. A.****Meeting Date:** 03/11/2022**Title:** Senior Companion Program Advisory Committee Report on January 12, 2022 Meeting

MEMBERSHIP:

X	Jill Piazza*, Chair	X	Ted Cummings
X	Fernanda Cardenas*	X	Melissa McDowell
X	Valerie Houston	EXC	Brenda Dever-Armstrong*
X	Kelley Gallant, SCP Coordinator	X	Darlene Hope-Jackson, Staff Liaison

* denotes BSAC Members/Alternates

TOPICS DISCUSSED:

1. Welcome and Introduction
2. Gonzaba Foundation Donations
3. Volunteer/Beneficiary Report
4. Covid Safety - Covid safety was discussed for members and volunteers.
5. Volunteer Recognition - The Gonzaba Foundation (Fernanda Cardenas) offered to sponsor breakfast for the event.
6. 2022 Goals - to be determined at next meeting.

DECISIONS MADE:

n/a

ACTIONS NEEDED:

None

NEXT MEETING DATE:

Wednesday, April 13, 2022

STAFF LIAISON CONTACT INFORMATION:Darlene Hope-Jackson, Outreach Specialist
(210) 362-5251 / dhope-jackson@aacog.com
